

FACULTY OF HEALTH

LARRY MALONEY LECTURE

Presented by the School of Health and Human Performance

Location, location, location: Adding value to physical activity research

Dr. Daniel Rainham

Director, Environmental Science Elizabeth May Chair in Sustainability and Environmental Health Senior Research Scholar, Healthy Populations Institute

The use of actigraphy devices in physical activity (PA) and sedentary behaviour (SED) research provides opportunities to improve PA characterization. In this presentation I will share our experiences with adding location data to studies of PA and SED, and will speculate on the role of wearables and smartphone technologies in the assessment of PA, SED and sleep behaviours.

EVENT DETAILS

Saturday, March 24th 4:30-5:30 pm University Hall, University Club 6259 Alumni Crescent (Off South Street)

Reception to follow 5:30 - 7:00pm in the Pub, University Club

Please register by March 22nd Laurene.Rehman@dal.ca 902.494.1197